



// Richmond Council use motive8 to Inspire Children in Care

August 2008 - motive8 coaches recently delivered a week-long Sports Leaders UK Level 1 Award in Sports Leadership course for the London Borough of Richmond's Children Looked After Service. This was part of the Culture for Keeps programme which promotes the involvement of children looked after in local sports, arts and leisure activities.

Funded by the London Borough of Richmond, the leadership award is aimed at helping children in care gain vital skills that they can apply in later life.

Held at Heatham House Youth Club in Twickenham, the children were required to complete an assortment of practical-based sports activities which emphasise skills such as communication, leadership and organisation.

As a recognised level one national qualification, those who successfully completed the Level 1 Award in Sports Leadership are now able to assist coaches and help organise clubs under supervision.

Following the award's success, **motive8** went on to organise a full day of sporting fun and activities at the annual Celebration of Achievement Awards event for Children Looked After and Care Leavers held at Orleans Art Gallery in Twickenham. Once again run jointly with the Multi Agency Team for Children Looked After, the day commenced with the children and young people receiving awards which celebrated their achievement across a wide range of areas, including academic excellence, citizenship and excellence in sport, art, music and drama during the preceding academic year.

In the afternoon, children enjoyed a BBQ alongside face painting, a music/dance marquee and Singstar entertainment followed by a Superstars-style 'Richmond Olympics' where three teams competed in a number of sporting events. These included javelin, shot put, an assault course, triple jump and long jump.

Gold medals were awarded to individual winners of each race plus overall team medals at the end of the event. Frisbees and t-shirts were also presented to children that coaches felt demonstrated exemplary effort and achievement throughout the day.

Nicola Blake, Multi Agency Team Manager (CLA) at the London Borough of Richmond, commented: “Everyone in the Children Looked After Service would like to thank the **motive8** team for all their hard work with our children and young people. The Richmond Olympics were a real success and thoroughly enjoyed by all who participated. We look forward to working with you again in the future.”

For further information on services the **motive8** Schools Team can provide, visit www.m8group.net, call 0800 028 0198 or email us on info@m8group.net.

- Ends –

Note to Editors - **motive8** is a health and fitness solutions company based in Hampton Hill, specialising in residential and commercial gym design, personal training and school sports provision. Established in 1998, it has progressed to become one of the market’s leading health and fitness providers. Call 0800 028 0198, visit www.m8group.net or email info@m8group.net for further details.