



## // Chiswick Honda Drive New M8 Schools' Programmes

In association with our schools sponsor, Chiswick Honda, the **motive8** Schools Team will be launching two new programmes into associated local primary schools over the forthcoming academic year – **M8** Active Involvement and a Visually Impaired Activity Day.

Delivered during school term time, the courses form part of children's physical education quota and contribute toward the attainment of National Curriculum Key Stages 1 and 2. What's more, with the sponsorship provided by Chiswick Honda, the programmes can be offered to schools free of charge, enabling children to benefit from stimulating, innovative and engaging approaches to learning.

**M8** Active Involvement is created for created for pupils who find numeracy a challenge and encourages them to be active. Children work through an 'Active Involvement' pack over a 6 week period, either at home, during lessons or at lunchtime, using a variety of learning cards and equipment that are designed to improve numeracy through fun activities. Meanwhile, the Visually Impaired Activity Day explores how children play games when their sight is taken away and highlights the affect this has on their spatial awareness and communication skills.

Working with **motive8** is key part of Chiswick Honda's ongoing commitment to give something back to the community; it is hoped that the skills children acquire during the programmes will encourage them to pursue healthier, more active and energetic lifestyles.

**motive8**'s association with Chiswick Honda began over five years ago when we were hired to provide the firm's corporate fitness training programme. In addition to supplying staff with between 10 -12 hours of personal training per week, we also support their annual Corporate Fun Day as well as many other local joint sponsorship events throughout the year.

For further details of all **motive8** services, call 0800 028 0198 or visit [www.m8group.net](http://www.m8group.net).

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**Note to Editors - motive8** is a health and fitness solutions company based in Hampton Hill, specialising in residential and commercial gym design, personal training and school sports provision. Established in 1998, it has progressed to become one of the market's leading health and fitness providers. Call 0800 028 0198, visit [www.m8group.net](http://www.m8group.net) or email [info@m8group.net](mailto:info@m8group.net) for further details.