

SERVICE	STANDARD PEAK	CORPORATE PEAK	OFF-PEAK*
1-2-1 Personal Training	£60.00	£50.00	£40.00
Sports Massage & Rehabilitation	£60.00	£50.00	£40.00
Buddy Training	£70.00	£60.00	£47.00
Bespoke Classes	£10.00	£8.50	-

motive8 supplies a wide selection of fitness equipment & accessories. Please ask for details.

*Off peak rate applies 9am to 3pm at m8 training studio only.
All prices are per person, per hour and are inclusive of VAT.

